

CHOICE GREENS

fresh chopped salads • sandwiches • panini

Dressing	Calories	Cal From Fat	Total Fat	Sat Fat	Cholesterol	Sodium	Total Carbs	Sugars	Protein
Apple Cider Vinaigrette	120	100	10g	2g	6mg	66mg	6g	4g	-
Balsamic Vinaigrette	110	110	12g	1.5g	0mg	280mg	1g	1g	0g
BBQ Ranch	75	50	5.5g	1g	5mg	310mg	6.5g	6g	0g
Chinese Chicken Salad	100	80	8g	1g	0mg	320mg	6g	5g	1g
Cilantro	120	110	12g	2g	0mg	310mg	2g	1g	0g
Chunky Bleu Cheese	140	130	14g	3g	15mg	320mg	2g	1g	1g
Classic Caesar	150	140	15g	2.5g	15mg	320mg	1g	0g	2g
Feta Cheese Vinaigrette	120	110	12g	2g	5mg	450mg	2g	1g	1g
Honey Mustard	180	160	17g	2.5g	5mg	260mg	5g	4g	0g
Honey Poppy Seed	160	120	13g	2g	0mg	180mg	9g	9g	0g
Hot Thai Peanut	80	60	6g	1g	0mg	330mg	5g	4g	1g
Olde Venice Italian	110	110	12g	1.5g	0mg	480mg	2g	1g	0g
Ranch	100	100	11g	1.5g	10mg	290mg	1g	1g	0g
Salsa Ranch	120	110	12g	2g	5mg	260mg	2g	2g	0g
Thousand Island	140	120	13g	2g	5mg	260mg	5g	3g	0g
Reduced-Calorie Caesar	70	63	7g	1g	5mg	580mg	3g	2g	1g
Fat-Free Honey Dijon	42	4	0g	0g	0mg	263mg	8g	4g	1g
Fat-Free Raspberry Vin.	50	0	0g	0g	0mg	130mg	12g	5g	0g
Fat-Free Roasted Red Bell	20	0	0g	0g	0mg	250mg	5g	4g	0g
Reduced Calorie Ranch	80	80	8g	1.5g	10mg	250mg	1g	0g	0g
Reduced Calorie Olive Oil Vinaigrette	60	50	6g	1g	-	230mg	3g	2g	-
Oil and Vinegar	130	120	5.5g	1g	0mg	0mg	.5g	.5g	0g